

# October 2009

September 2009							October 2009							November 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
										1	2	3	1	2	3	4	5	6	7	
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
27	28	29	30				25	26	27	28	29	30	31	29	30					

■ Noella Classes. Please register by calling 561-789-3747 or e-mail [classes@noellabirths.com](mailto:classes@noellabirths.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4	7:00 PM Doulas; Not Just For Natural Births	5	6	7	8	9
11	7:00 PM Nutrition In Pregnancy	12	13	14	15	16
18	7:00 PM Baby Calming	19	20	21	22	23
25	7:00 PM Complementary Medicine & Pregnancy	26	27	28	29	30
						10:30 AM NCP: 1st stage Labor
						10:30 AM NCP: 2nd Stage Labor
						31